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# 在实践中孕育创新:

建筑、工程与景观设计领域的研究范例

# RESEARCH MODELS FROM ARCHITECTURE, ENGINEERING, AND LANDSCAPE ARCHITECTURE

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① 该信息来源于2011年与哈佛大学设计研究生院勒布图书馆的特色馆藏管理员玛丽·丹尼尔斯的谈话

#### 当今时代对基于实践的研究的需求

如今, 景观设计师参与的大型复杂项目 越来越多, 与多学科顾问的合作愈加深入, 并在实现项目绩效和可持续性方面肩负起愈 加重大的责任。查尔斯·瓦尔德海姆认为, 景观设计师是"我们这个时代的都市主义 者"[1];当今的景观设计师多以团队形式、 针对大型公共项目开展工作(如詹姆斯·科 纳带领团队设计了纽约高线公园),而像老 一辈景观设计师丹·凯利那种在晚饭后就着 一大罐玛格丽塔酒画出一打景观规划图的日 子已经一去不复返了<sup>①</sup>。当下的景观设计师必 须理解多种议题,包括交通和移动性问题, 无人驾驶、智慧城市、物联网设备等新兴技 术,促进社区参与解决某些新兴但需要长期 奋战的问题(如气候适应、公共空间与基础 设施的公共投资缩水)的途径,以及场地绩 效分析与监测的新方法等。这些新情况与新 目标要求景观设计师们对减灾规划、传统上 由灰色基础设施提供的安全防护(如洪涝防 护)、快速城市化的压力、地方性或历史性

生态系统的重建、严重退化或污染土地的修复,以及陌生文化习俗与历史传统等方面均有所了解,而且不可仅仅满足于浅尝辄止的认识和外包的处理方式。当代景观设计师必须对这些复杂问题进行深入且广泛的钻研,才能提出真正具有创新性、综合性的总体解决方案。

因此,研究对当今的设计实践意义重大。有些问题无法通过文献综述、谷歌搜索或请教"最佳实践"专家来解答,其答案或设计策略有时必须通过目标场地分析或定制信息收集才能得到。某些为其他目的而开发的新技术必须经过修改或试验才能应用于新的项目。对于计划服务50年以上或者需要适应未来各种情况的项目,对未来情景的预测也至关重要,因为新的事件每年都会出现,可能是旱灾,也可能是新的制造工艺。

#### 在实践中开展研究的一系列方法

下面将详细介绍建筑相关行业(包括建筑、工程与施工)内的三种基于实践的研究

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#### 摘要

愈加复杂的城市与环境正面临着前所未有的挑战,仅追求美学价值的设计已不再满足时代的需要。当今的城市设计、景观设计和规划实践都要求超越传统的设计服务范畴,通过倡导预见性、研究性、实验性和创新性以获得更深刻的洞见。两年前,SWA集团建立了公司结构化研究与项目创新平台——XL实验室,致力于解决设计领域新出现的复杂问题,其体系既借鉴了建筑、工程行业中设立研究部门来指导实践的经验,又具有景观设计行业的特色。本文以该实验室及其他两个代表性研究则为例,对当代设计对研究的现实需求,行业内独立研究和创新团队的形成原因、运作模式和研究方法,以及企业如何确定研究主题并进行优先级排序展开探讨。

#### 关键词

基于实践的研究;创新性;研究性;预见性;可视化与模拟

#### ABSTRACT

As our cities and environments become more complex and face unprecedented challenges, it is no longer sufficient to design for aesthetics alone. Urban design, landscape architecture, and planning now demand going beyond typical design services to support deeper insights via foresight, research, experimentation, and innovative advocacy, SWA is one example of addressing these emerging complexities through two-yearold XL Lab, the firm's platform for structured research and innovation projects. XL Lab differs and shares attributes with dedicated research teams in firms from allied fields such as architecture and engineering, where research entities that inform practice have been operating for longer than in landscape architecture. This article discusses the need for research in design now, what factors formed distinct research and innovation teams across the industry, their models and approaches, and how firms identify and prioritize research themes or issues taking XL Lab and another two research teams as examples.

#### **KEY WORDS**

Practice-Based Research; Innovation; Research; Foresight; Visualization and Simulation

整理 王胤瑜 译 刘姝 EDITED BY WANG Yinyu TRANSLATED BY LIU Shu

- XL实验室在为SWA集团 的滨水设计作品进行飓 风后绩效评估时,按时 间顺序拍摄的一系列体 现场地使用情况的航拍 照片。
- A series of sequenced drone imagery from XL Lab's posthurricane performance assessment of the firm's waterfront design work shows user occupation.

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#### 团队负责人:

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#### 成立时间: 2008年

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沉浸式环境类型 SPHERICAL PANORAMA VIRTUAL REALITY 球形全景摄影 虚拟现实 MIXED REALITY 360 VIDEO 混合现实 360° 摄像 in this report to include several emer in this report to include several emerging technologies with similar perceptual qualities. These vary in the type of space you can inhabit and how mobile the viewer is within that space SPHERICAL PANORAMA ent will be familiar to most An example, Google Street View, uses a series of stitched spherical images that you move through to create the illusion of real space. VIRTUAL REALITY (VR) The gaming and real estate industries have invested heavily in VR. A modeled space is created and textured and can then be moved through by the user. Key words include: Oct Rift, Head Mounted Display (HMD), emparables.

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### TYPES OF **IMMERSIVE ENVIRONMENTS**

MIXED REALITY (MR) Often also interchangeably called augmented reality, MR overlays 3D models

#### 360 VIDEO

This is a video format where the camera Inis is a video format where the camera captures a sphere. Videos tend to record real places and events, and the viewer can look all around during playback. You'l'ube, Facebook, New York Times, and other major media outlets already have platforms. They see this medium as the new way to

模式——它们分别来自主攻城市设计、规划 与景观设计的SWA集团、工程与咨询方向 的奥雅纳集团与建筑设计方向的MASS设计 公司。有别于行业内许多只进行临时性或间 断性研究的公司,这三家公司均秉持"在实 践中孕育创新"的理念,且拥有专门的研究 团队、确定的方法体系与遍布全球的研究实 践。但它们在研究动机与运营体系方面有所 差异。

SWA成立研究团队的动力源于自2008 年以来对于研究的积极推动、所承接项目尺 度的多样性(从区、市到区域廊道),以 及国际项目涉及的各类重大议题。奥雅纳 希望通过监测影响未来建成环境变化的动 因,来积极帮助自身与客户有效应对瞬息 万变的世界而走向繁荣。MASS则认识 到,要想提升其医疗保健项目的设计实力, 来自研究的助力必不可少。越来越多的对于 建成项目的轶闻式的反馈使这些公司意识 到使用后评价的必要性,以及投入时间进 行预设计的重要性。[2]

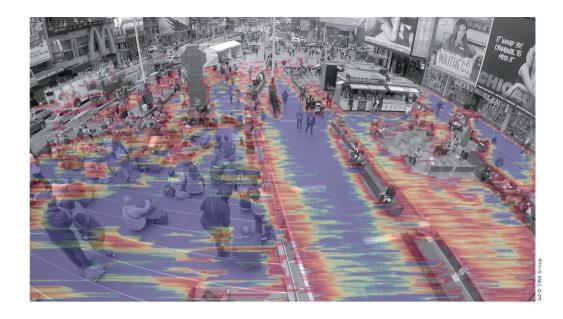
这三家公司的研究途径和运营模式明 显不同:奥雅纳规模最大,MASS规模最小 (但其研究人员与设计师之比最高)。奥雅 纳专门的研究团队已成立16年之久,MASS 是10年,SWA则是2年,不过SWA在设立 专门的研究团队前已有其他方面的研究经 验。奥雅纳的研究团队名为"预见+研究+创 新"(以下简称FRI),其运营方式类似于咨 询公司,团队成员分布在6个不同的办事处, 引领5个区域的研究工作。MASS是一家非营 利性企业,其专门研究团队常驻波士顿,会 根据合作关系采取全职或兼职模式处理分析 研究项目。2016年,SWA成立了研究和创 新实验室,全称是"XL:景观和都市主义实 验",简称为"XL实验室",有两位首席顾 问,由两位负责人共同领导,另有8名成员在 各个设计工作室之间轮值。

#### 研究领域与实践项目

上述三家基于实践的研究团队涉及的项 目多种多样。其中SWA囊括预见性项目、研

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- 2. XL实验室沉浸式环境与 技术介绍手册中的跨页 展示了混合现实、虚拟 现实、360°摄像等技术 举型。
- 3. XL实验室运用机器学习 技术对城市广场上的人 举行为进行研究
- A spread from
   a publication
   documenting a series
   of experiments
   with immersive
   environments and
   technologies such as
   mixed reality, virtual
   reality, and 360 degree
   video for design from
   XL Lab.
- In progress research from XL Lab on human behavior in urban plazas using machine learning



究性项目、可视化与模拟实验项目,以及专 题项目,采用预测性、分析性等多种研究方 法,也会涉及新工具的试验与对具体问题的 调查等。截至目前,XL实验室的研究与创新 工作主要涉及SWA的六大专业领域:城市和 城市环境、社区、水资源、基础设施、流动 性以及健康。除进行原创研究项目外, XL实 验室也协助其他个人或团体进行调研,对现 有研究与创新成果及主流思潮进行整合、管 理与传播,以建立项目之间的联系。研究员 及设计与技术顾问会基于以往项目需求以及 每个工作室的兴趣和关注点来确定重点研究 领域。项目的优先排序则根据时间要求与合 作协议,基于使最多项目与工作室受益的原 则来制定。自成立以来,XL实验室的自有项 目和合作项目包括: 一系列关于沉浸式环境 和技术(例如混合现实)的实验、一个展望 全球5座城市的未来的预见性项目,若干公益 性质的韧性城市项目、常规与非常规建筑材 料的研究,以及对飓风后的滨水设计项目进 行绩效评估。近期项目包括研究开放空间营 造与健康之间的因果关系、利用机器学习研 究城市广场上的人类行为, 以及对现代美国

新兴城镇的经济与空间调查。

我们以SWA在美国迈阿密市的韧性城 市项目为例,来具体说明XL实验室通过研究 支持设计项目的模式。这是一项大型公益项 目,由公司CEO领导,聚集了各部门的研究 人员,旨在通过与政府合作、调查研究、实 地考察和组织针对城市与区域问题的专家研 讨会议,改善全球高密度城市空间的生活质 量。XL实验室的研究为SWA三个小组重点 关注的三种尺度的6个场地提供场所与场地 信息,以及关于风险、韧性、预测和沿海地 区适应性策略的现状与规划背景资料,其研 究结果包括区域和场地尺度的海平面上升幅 度预测、南佛罗里达州的沿海洪涝现状、开 发模式规划和案例研究。它们被汇集在一份 简报中,包括一系列区域与场地尺度的草图 (表现了城市管辖区与社区、交通运输与物 流、海平面上升0.3m时的洪水淹没范围、 中位收入和土地使用情况等内容);一份涵 盖专业术语和当地实际问题的可视化词汇表 (包括多孔石灰岩、回灌、盐水入侵、风暴 潮、国王大潮、飓风受灾史、障壁岛和潮汐 沼泽地);场地信息;以及由合作机构文 件、相关新闻和精选报道摘录组成的附录。研究小组成员包括XL实验室的负责人与研究员、与迈阿密市首席城市复兴官密切合作的SWA成员,以及来自非营利性组织"公共土地信托"和南佛罗里达州区域规划委员会的成员。基于XL实验室的研究成果,三个SWA工作小组制定了利用景观基础设施提升韧性的策略,并在2017年6月迈阿密市的公共论坛上汇报了经专家研讨会商议后的版本。这份研究成果同时被提交给了迈阿密市海平面上升委员会。

奥雅纳公司的FRI团队将基于实践的研究的焦点放在了预见性项目上。这些研究项目主要涉及航空、建筑、能源、交通、水资源、规划、数字化和咨询服务等奥雅纳的擅长领域。该团队通过"变化的驱动力"框架确定重要的研究课题,并根据其主要影响领域将问题划分为社会、技术、经济、环境和政治<sup>[3]</sup>5类(合称"STEEP")涵盖了水资源短缺、纳米危害、以用户为中心、大数据和人口增长等热点,信息获取渠道则包括访谈、研究、研讨会和专家咨询等。客户需求和内部优先级决定了各项目的推进计划。其

承接项目包括:未来校园、气候变化和海洋健康、重新思考城市的流动性、区块链技术、项目管理的未来、探索非洲城市的未来、2017年技术发展历程、会呼吸的工作场所、"变化的驱动力"移动端应用、建成环境中的循环经济、有活力的城市。上述项目由奥雅纳公司来自商业地产、规划、项目管理、铁路、零售、建筑等各领域的专家共同推进。

我们以奥雅纳"有活力的城市"项目为 例进行具体分析。该项目是公司景观设计团 队与FRI团队共同合作, 重新思考绿色基础 设施的产物[4]。这份厚达160页的最终报告包 括社会、环境和经济效益,绿色基础设施案 例与实现途径,以及设计策略参考等内容, 涵盖了世界各地优秀项目的案例研究,并目 得到了英国景观设计师协会及英国皇家植物 园——邱园的支持。该项目发现了5个对城市 影响巨大的关键性要求,分别是:1)城市 绿化不仅提供美学功能; 2) 景观具有多种功 能; 3) 利用创意性设计营造绿色城市生态系 统; 4) 用技术手段评价自然所提供的生态系 统服务; 5)必须采取综合性运输方式。研究 结论表明"当前的城市景观设计正愈加关注 效率、社区健康、气候适应性、空间安全、资 源生产和经济发展。我们的城市正面临着不确 定的未来, 地下道路、无人驾驶、可渗透的人 行道和蓄水屋顶、垂直耕作甚至发光树都有可 能在未来城市中得到广泛应用"[5]。

MASS主要开展分析性研究项目,涉及健康、设计及利益相关者参与等专业领域。公司领导人、慈善捐款人及非营利机构资助者负责确定研究课题,并根据合作关系对研究项目进行优先排序。研究项目包括:"目标设立"项目(研究资本项目的影响)、"催化性基础设施"研究(深究霍乱的根源)、"真实价值"项目(探究设计与工程施工影响教育效果的方式)、"马拉维孕产妇医疗改善项目评估"<sup>②</sup>(研究设计如何影响用户满意度)、"临床护理环境设计对分娩的影响"研究项目(研究医院设计与剖宫产率的关系)。这些项目由MASS与哈佛大学张政汉公共卫生学院、美国国际开发署、潘

兴广场基金会、非洲发展中心教育部和卢旺 达卫生部等多个合作伙伴共同完成。

我们选择"临床护理环境设计对分娩 的影响"项目进行具体分析,以了解MASS 的研究过程。这项研究由MASS与智囊团队 阿里亚斯实验室合作,受罗伯特-伍德-约 翰逊基金会资助,试图了解排除妊娠并发症 (糖尿病、肥胖、高血压)及母体风险因素 (如种族、收入、教育水平)的影响的情况 下,产妇的实际剖宫产率存在差别的原因[6]。 该项目第一阶段的研究选取剖宫产率从7.1% 至69.9%不等的若干医院,调查了医院环境 中的哪些因素可能影响剖宫产率, 以及建筑 设计是否可以降低剖宫产率。通过对全美12 个分娩中心和医院的病房、分娩单间和设施 规模进行调查,最终得出结论: 医院设施本 身是影响剖宫产率的风险因素之一。未来, MASS将以此为依据,向正在施工或翻新的 医院设施提供设计指导,从而为产妇分娩提 供最佳的护理。

SWA、奥雅纳与MASS的这三家实验室不仅着眼于预测未来趋势,也注重分析过去项目的影响。其基于实践的研究目标十分多样,包括向客户提供应对未来或未知变化的设计或计划,了解设计空间出人意料的使用方式,测试景观的预期绩效,试验用于可视化、模拟或用户参与研究的新工具和新技术,加深对相邻领域和学科的认识以提出综合设计课题,探索更有效的可持续性建筑设计手段与方法,以及研究设计对经济、健康和其他方面的多重影响。

为了解决日益复杂的环境、技术和文化问题,新的设计实践形式应运而生,而建成项目也在更新演变。面对极端的天气事件、快速的技术进步以及不断推进的城市化进程,仅追求外表及建造工艺的景观与城市环境设计已不再满足当今时代的需求。设计必须更加注重实效,这意味着找到更好的研究方法、建立更健全的协作网络,并积极响应设计领域、市场和技术的最新变化。面对不断提高的设计要求,这些研究实践有助于我们进一步探讨设计人员如何深入了解现状与问题、更好地构建环境并提升自身能力。LAF

- ② 了解该项目的更多信息,请访问https://massdesigngroup.org/work/design/maternity-waiting-village。
- 4. XL研究与创新实验室"迈 阿密韧性城市项目"的一 部分研究成果。
  - Part of XL Research
    and Innovation Lab's
    research for Resilient
    Cities Project: Miami.

#### 致谢

作者向为本文提供支持的以下人士表示感谢:来自奥雅纳集团FRI研究团队的弗朗西丝卡·博克斯;来自MASS设计公司的西拉·班布里奇、帕特丽夏·格鲁迪斯、迈克尔·墨菲、里吉纳·杨与安米·肖;来自SWA集团XL研究与创新实验室的艾米丽·施里克曼、安雅·多姆莱斯基、赵客、洛维萨·克雷尔格伦与马里埃尔·芬克;来自SWA集团的伊桑·库玛、布莱斯·唐纳、吕方恰与比尔·塔曼;来自SWA/Balsley设计公司的汤姆·巴尔斯利、凯拉斯特朗、珍·索拉、哈莉·莫里森与布莱恩·斯塔斯尼克;来自宾夕法尼亚州立大学斯塔克曼建筑与景观设计学陪的丽萨大·拉塞尔与艾尔莎·西恩。

This information came from a conversation with Mary Daniels, the special collections librarian at Loeb Library, Harvard Graduate School of Design in 2011.

# The Need for Practice-Based Research

Landscape architects today are increasingly working at larger scales, on more complex projects with multiple consultants, and with greater accountability of performance and sustainability. Charles Waldheim has called landscape architects the urbanists for our age<sup>[1]</sup>. Teams are now led by landscape architects like James Corner on large public projects like the High Line in New York. Gone are the days when Dan Kiley, with a pitcher's worth of margaritas, would sketch out dozens of landscape plans after dinner<sup>®</sup>. Landscape architects today have to understand many issues: transportation and mobility, emerging technologies such as autonomous vehicles or smart cities / Internet of things (IOT) devices, ways to expand community engagement around new and long-period issues such as climate adaptation, the intricacies of shrinking public investment in public space and infrastructure, and new methods of site performance analysis and monitoring, for instance. New conditions or ambitions in the field ask designers to understand disaster mitigation planning, safety provisions conventionally provided by grey infrastructure like flood protection, the pressures of rapid urbanization, the renovation of endemic or historical ecosystems, restoration of heavily degraded or polluted sites, and unfamiliar cultural practices and histories, among other things. It is also no longer adequate to solely cursorily understand these issues or farm out the work to an outside expert. To develop truly innovative, synthetic and holistic approaches to designing or planning with these complexities, the contemporary landscape architects must acquire an intimate and sophisticated knowledge on them.

This is why research is so crucial in practice today. Some questions cannot be answered by a literature review, google

search, or expert in "best practices." Answers or strategies sometimes must come from site-specific analysis or customized information gathering. Sometimes new technologies developed for other purposes have to be modified or quinea pigged for a new use or application. Scenario predication is also critical for projects to serve for over 50 years or adapt to multiple future conditions, because new causes may emerge every year, from droughts to new fabrication methods.

#### A Range of Approaches to Research in **Practice**

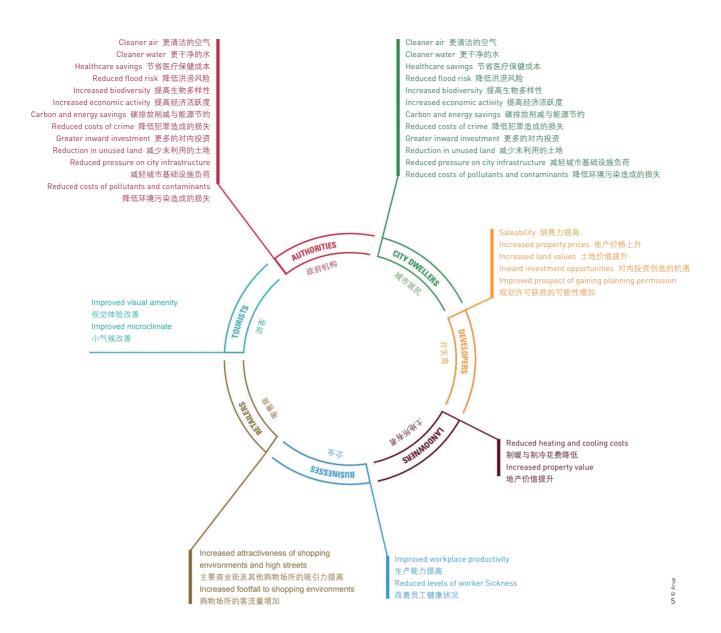
Here we will look closer at three models of doing practice-based research that span the architecture, engineering, and construction industry (AEC industry): the model of SWA Group focuses on urban design, planning, and landscape architecture, while those of Arup and MASS Design deal with engineering and consultancy, and architecture respectively. They are all committed to analysis, research, foresight, and other innovation efforts for

questions and new challenges above. under the concept "incubating innovation in practice" with dedicated research teams, identified methods, and international practice, which distinguish them from those do ad-hoc research projects in many AEC firms, while different from each other on the research impetus and operation system.

SWA's impetus came from its history of research initiatives since 2008, the multiple site scales from district to corridor and international contexts with the accompanying large issues in its projects. Arup set out this "to actively help Arup and our clients manage and thrive in a changing world" by monitoring the potential drivers changing the future built environment. MASS Design recognized the research necessary and aimed to optimize their design work in healthcare contexts with it. They all realized from the increasing anecdotal feedbacks of completed projects that post-occupancy evaluations were necessary, and it was important to invest time in pre-design. [2]

In terms of research approaches and





models, the three firms represent variety. Arup is the largest firm and MASS the smallest (but with the largest ratio of research staff to designers). Arup has had a dedicated research team for 16 years, which is also one of the longest established; MASS for 10 years, and SWA for 2 years, although its research may have been carried out in other contexts. The Arup Foresight, Research and Innovation (FRI hereafter) group as it is called, operates as a consultancy with staff spread across six offices, taking the lead in five regions. MASS Design, a non-profit enterprise, has a dedicated team

based in Boston working part- or full-time on analytical research projects depending on partnerships. In 2016, SWA established a research and innovation lab, XL: Experiments in Landscape and Urbanism, or XL Lab for short. It operates with two principal advisors, two co-leads, and eight rotating members in each design studio.

#### **Research Areas and Projects**

These practice-based research teams do varied projects. At SWA, the project categories are: foresight, research,

visualization and simulation, and topical. This means methods vary from anticipatory to analytical, and may involve experimentation with new tools and experiences or an issuedriven investigation. A review of XL Lab projects to date would include research and innovation work mainly related to six areas of expertise within the firm: cities and urban conditions, communities, water, infrastructure, mobility, and health. The XL Lab initiates original research projects, facilitates others' individual and group investigations, and curates and disseminates existing research, innovation, and thought

- 5. 由奥雅纳集团FRI研究 团队领导的"有活力的 城市"研究报告中的一 页,分析了绿色基础设 施的多重效益。
- A page from Arup
  Foresight, Research
  and Innovation's
  "Cities Alive" report on
  the benefits of green
  infrastructure.

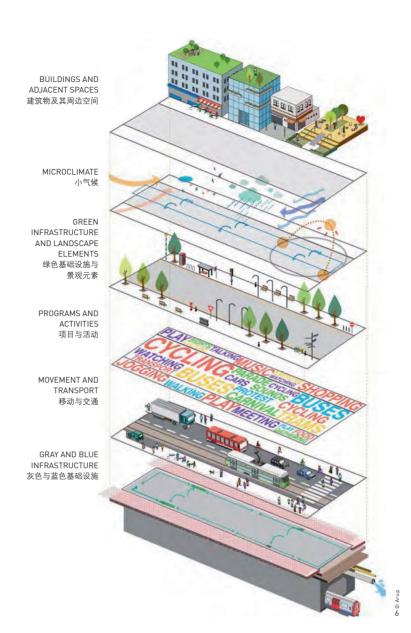
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leadership in order to build links across projects. Research areas of importance are identified by XL researchers, design and technical principals from past design project needs, and the interests and concerns of each studio. Projects are prioritized according to their timeliness, benefit to the largest number of project types and studios, and partner commitments. Since its inception, XL Lab's independent and partnered projects have included: a series of experiments with immersive environments and technologies such as mixed reality, a foresight project looking at five global cities in the near future, contributions to the firm's wide pro-bono Resilient Cities Project, research on conventional and unconventional building materials, and a post-hurricane performance assessment of our waterfront design work. Current projects include a study on the relationship between open space creation and health outcomes, a research on human behavior in urban plazas using machine learning, and an economic and spatial investigation of modern American boomtowns.

The SWA Resilient Cities Project in Miami can elaborate XL's research mode as an example. The larger pro-bono Project, led by the CEO and gathering researchers from across the firm, sought to improve life in dense urban places around the globe through partnerships with city leaders, research, site visits and meetings, and a charrette-workshop focused on a relevant local and regional issue. The research for Miami supported three SWA teams focusing on three scales and six sites, providing place-based information, site information, and background material on risk, resilience, projections, and coastal strategies for adaptation, both physical and planned. Findings included projection of regional- and site-level sea level rise extents, conditions particular to coastal flooding in South Florida, planned development patterns, and case studies. They were gathered in a

briefing book that included: regional and site basemaps with city jurisdictions and neighborhoods, transit and circulation, flooding extents at 1 feet increments, median income, and land use: a visual glossary covering specialized terminology and local issues like porous limestone, backflooding, saltwater intrusion, storm surge, king tide, hurricane history, barrier islands, and tidal marshland; site information; and an appendix with documentation from partner agencies, relevant news, and excerpts from select reports. The research team included leaders and researchers of XL, SWA staff working primarily with the Chief Resiliency Officer at the City of Miami as well as individuals from the non-profit the Trust for Public Land, and the South Florida Regional Planning Council. The three SWA teams used XL research materials to develop resilience strategies using landscape infrastructure and presented their charrette results in a public forum in Miami in June 2017. The results were also presented to the sitting City of Miami Sea Level Rise Committee.

Practice-based research projects within the FRI Team at Arup are primarily foresight-focused. They mainly relate to Arup's expertise of aviation, architecture, energy, transport, water, planning, digital, and advisory services. Issues of importance are identified through their Drivers of Change framework organized into five categories, or lenses, based on their main area of impact: social, technological, economic, environmental, and political<sup>[3]</sup>. These categories, collectively referred to as STEEP, collect issues like water scarcity, nano-hazards, user-centricity, big data, and population growth, which were reflected from interviews, research, workshops, and consultation with specialists. Projects are scheduled based on client requests and internal priorities. Projects have included: Campus of the Future, Climate Change and Ocean Health, Rethinking Urban



- 6. "有活力的城市"项目由 奥雅纳集团的FRI研究团 队领导,展示了绿色基础 设施带来的经济效益。
- "Cities Alive" shows the economic benefits of green infrastructure, led by Arup's FRI team.

#### Capacity 服务力

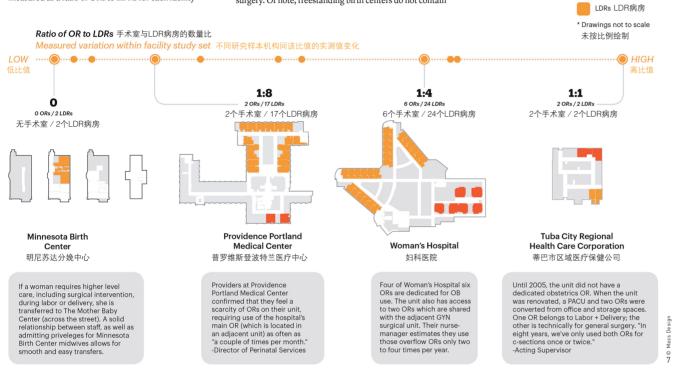
## Operating Room Access 手术室可达性 (Ratio of ORs to LDRs) (手术室与LDR病房的数量比)

Operating room (OR) access is a critical component of capacity for performing both scheduled and emergent cesarean deliveries. Access is a function of the physical space (number and availability) as well as staff to provide anesthesia and perform the surgery. OR access was measured as a ratio of ORs to LDRs for each facility

to understand how the relative capacity of the unit to perform a cesarean delivery versus a vaginal delivery would impact treatment intensity. Based on insights from a facilities manager on our advisory board, we hypothesized that a higher ratio of ORs to LDRs may be associated with higher cesarean rates through a "supply-induced demand mechanism": the more readily accessible the OR, the fewer barriers to performing surgery. Of note, freestanding birth centers do not contain

To learn more
about the project,
please visit https://
massdesigngroup.org/
work/design/maternitywaiting-village.

ORs 手术室



Mobility, Blockchain Technology, Future of Project Management, Exploring the Future of African Cities, Technology Timeline 2017, Living Workplace, Drivers of Change Mobile App, The Circular Economy in the Built Environment, and Cities Alive. These projects worked with commercial property, planning, project management, rail, retail, architecture, and other experts within Arup.

One of the Arup projects, Cities Alive, was a collaboration between the landscape architecture and FRI teams rethinking green infrastructure<sup>[4]</sup>. The concluding 160-page report covered social, environmental, and economic benefits, the case for green infrastructure, how to achieve green infrastructure, and strategies for designers.

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The research was supported by the Landscape Institute and Royal Botanical Gardens, Kew and included case studies of best practices across the globe. Five key requirements were found significant for cities: 1) urban green is recognized as more than aesthetic, 2) landscapes become multifunctional, 3) creative design delivers a green city ecosystem, 4) technology is utilized to evaluate ecosystem services of nature, and 5) an integrated approach to delivery is maintained. The research concludes "urban landscapes are increasingly being designed to support efficiency, community health, climate adaptation, space security, resource production, and economic development. Our cities are facing an uncertain future,

which may include underground roads and automated transport, permeable pavements and water roofs, vertical farming and even glowing trees."<sup>[5]</sup>

Research projects at MASS Design are primarily analytical, related to the firm's expertise in health, design, and stakeholder engagement. Issues are identified by firm leadership and philanthropic or non-profit funders and prioritized according to partnerships. Research projects have included: Purpose Built, which looks at the impact of capital projects; Catalytic Infrastructure, on the root causes of cholera; True Value, on the ways in which design and construction affect educational outcomes; Maternity Waiting Village Evaluation in

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- 8. 在针对刚果民主共和国 伊利马小学开展的一项 研究中,MASS探讨了该 小学为当地经济带来的 影响,包括拉动投资与 创造就业岗位。
- 7. A page from the final report of Mass Design's study of the relationship between hospital architecture and cesarean rates, The Impact of Design on Clinical Care in Childbirth. The page shows the ratio of operating rooms (ORS) and labor-delivery-recovery rooms (LDRs) of four facilities.
- 3. Research from MASS Design on the economic impacts of local investment and job creation in the Democratic Republic of Congo related to Ilima Primary School.

Malawi, looking at how design influences user satisfaction<sup>22</sup>, and The Impact of Design on Clinical Care in Childbirth, on the relation between hospital design and C-section rates. Projects were completed with various partners such as the Harvard T. H. Chan School of Public Health, The United States Agency for International Development, Pershing Square Foundation, Ministry of Education at the African Development Centre, and the Rwandan Ministry of Health.

Looking at The Impact of Design on Clinical Care in Childbirth offers more detail into MASS' research process. The study, in partnership with the think-tank Ariadne Labs and funded by a grant from the Robert Wood Johnson Foundation, sought to understand why C-section rates varied when not informed by comorbidities like diabetes, obesity, or high blood pressure or maternal risk factors like ethnicity, income, or education level<sup>[6]</sup>. This Phase 1 study looked into what elements in a hospital environment might be affecting cesarean rates and whether architectural design could reduce cesarean delivery rates by looking at hospitals with C-section delivery rates as low as 7.1% to as high as 69.9%. The researchers concluded that the hospital facility itself was a risk factor after looking at hospital rooms, the delivery units, and the facility sizes in 12 birth centers and hospitals across the U.S. Future work on this topic is to provide guidelines to the design of facilities undergoing construction and renovation to optimize care in childbirth.

The aims of these three labs vary from understanding future trends and conditions to analyzing the impacts of past work. The purpose of a practice-based research project might be to offer clients the "future proof" designs or plans for change, to learn about unexpected ways their designed spaces are utilized, to test the intended performance of a landscape, to experiment with new tools and technologies for visualization, simulation, or engagement, to deepen knowledge in adjacent fields and sciences in order to

arrive at a synthetic design proposition, to identify more sustainable means and methods of building, or to understand the design's multifaceted effects or influence on economic, health, and other outcomes.

To address increasingly complex environmental, technical, and cultural issues, new forms of practice in design have emerged, and established practices are evolving. In the face of issues such as extreme weather events, rapid technological advancements, and increased urbanization, it is no longer sufficient to make landscapes and urban environments that are solely beautiful and well built. We must consider how to design more effectively. In many ways that requires better research approaches, more collaborative networks, and being at the forefront of changes in the field, the market, and technology. In face of this increasingly demanding design environment, these research practices help to further a conversation on how designers can be more informed, more able to build, and evolve. LAF

#### **ACKNOWLEDGEMENTS**

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